



**Step Up 4 St. Tim's
5k Run/ 1 Mile Fun Walk**



Where: St. Timothy's School Athletic Center

When: Saturday May 8th 2010

Time: Race 8 am; Registration Begins at 7 am

Please send completed form to:

Charm City Run
Attn: Kelly Dees
P.O. Box 5464
Towson, MD 21285

Registration

Prior to Race Day \$30
Students (ages 18 & under) prior to
Race Day \$20
On Race Day (all participants) \$35

OR log onto charmcityrun.com to register

Checks Made Payable to: **St. Timothy's School**

All proceeds will benefit the St. Timothy's School Global Scholars Program

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Sex: _____ **Age on Race Day:** _____ **Phone:** _____

T- Shirt Size: XS S M L XL XXL **Email Address:** _____

Circle one: 5K Run 5K Walk 1 mile Fun Walk

Mother/Child Team Y or N **Team Name:** _____

Are you a mom? Y or N (moms will receive special recognition at the Race)

Are you interested in complimentary childcare 7:30-9 am? Y or N

Name & age of your children (if attending childcare) _____

(Child must be potty trained and between the ages of 4-10; this is limited to the 1st 40 children to sign up)

I would like to charge my fee and/or donations: (all major credit cards are accepted)

Card: _____ **Credit Card #:** _____ **Exp Date:** _____

Total amount Charged: \$ _____ **Signature:** _____

LIABILITY WAIVER MUST BE SIGNED

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race officials relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the organizers of St. Timothy's School, all other sponsors and their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event or carelessness on the part of persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

Signature: _____ **Date:** _____

(Parent or guardian if under 18)

Bronze Level Sponsorship:



www.Stonemillbakery.com



www.casportswear.com



[www. Julesreid.com](http://www.Julesreid.com)

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